

Good morning, team members

It's the new week, new focus, new intentions, and new results. I hope you had a fantastic weekend. We had an inspiring attendance again this past weekend at the Ace Eersterust Race. We all deserve a standing ovation for our commitment and solidity, and we can become better and make progress on our performances.

Our Valentine's Day Social Function is here, and it's a walk-up to it. We are going to live it up tomorrow afternoon. I hope you're looking up to it as well as I do. Kindly check out the team's results at the weekend for an encouragement and team spirit, respectively.

21 KM Run Category

1. Gabonewe Setshedi – 01:54:21
2. Nick Jansen Van Rensburg – 01:55:06
3. Walter Smuts - 02:05:53
4. Malikhanye Kube – 02:08:39
5. Noluvuyo Memela – 02:36:04

10 KM Run Category

1. Marome Lucas Tseka – 01:01:03
2. Louis Joubert – 01:01:08
3. Elaine Wentzel – 01:01:08
4. Carina Wilhelmina Catherina Fourie – 01:01:19
5. James Da Silva – 01:06:44
6. Ntsiki Gumbe – 01:22:10
7. Ken Swettenham – 01:27:50
8. Tebogo Gumede – 01:33:19
9. Cornelia Fechter – 01:33:36
10. Elize Fourie – 01:33:38
11. Oom Oosie Oosthuizen – 01:51:50

Way to go team, and we'll catch up later.

Gabonewe Setshedi

Communications and Newsletter