

Hi Team Members,

I trust you're enjoying this lovely afternoon. We couldn't meet yesterday (11/03/2025) for our time trials due to the weather conditions. In spite of everything I hope your running programme for this week is still practicable.

Congratulations to all the team members who participated at the Pretoria Bobbies 3-in-1 race this past Saturday (08/03/2025). It was a great attendance repeatedly. Keep going and maintain with every good wish.

There are big marathons coming up this weekend, and to a large extent, the TROJAN Om Die Dam is happening on Saturday (15/03/2025). I am sending all of you positive thoughts and good vibes for a successful run in differing activities.

Here are the results of our teammates from Bobbies race:

21.1 KM

1. Nick Jansen Van Rensburg : 01:53:13
2. Gabonewe Setshedi : 01:57:17
3. Willie Fourie : 01:58:26
4. Walter Smuts : 02:09:45
5. Louis Joubert : 02:17:55
6. Elaine Wentzel : 02:17:56

10 KM

1. James Da Silva : 01:08:05
2. Ntsiki Gumbe : 01:22:49
3. Annemarie Fourie : 01:22:59
4. Philile Hlongwane : 01:25:02
5. Elize Fourie : 01:37:42

Way to go, team, and catch you later

Gabonewe Setshedi

Communications and Newsletter