

Good morning Team. Congratulations to everyone who took part at the Tom Jenkins League Race this past Saturday on the 15th. This achievement reflects our collective efforts and the power of genuine teamwork. You've set a new standard for what it means to support each other.

I admire our group enthusiasm. We are at the tail end of the year and when we look back we can only be proud. We hit a few snags discretely and for my part I thank you for your healing thoughts that contributed to my early restoration and I started running again.

You have truly embraced the meaning of collaboration and friendship. The way we encourage each other to the end is the real win here. Thank you all, and plaudits on your accomplishments and success of this year (2025).

The teamwork you demonstrated on our CSIR Road Race 2025 was inspiring. Your ability to bring out the best in each other has been invaluable. Thank you, and here's to more great collaboration ahead. I am looking forward to our year end function on the 2nd of December. It will be sensational and electrifying.

Way to go, and, catch you later.

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Communications and Newsletter